

LIFE STORY

This Life Story should be completed to assist with the development of a person centred care plan for social activity and also to engage the Resident in conversation and to assist in keeping memories alive. Contribution to the 'Life Story' is from the resident, and where appropriate from their next of kin, family and friends.

Upon completion all staff should read the Life story

Profile	
Name:	
Date of Birth:	
Where were you born?	
What sort of property did you live in as a child?	
Parents' names:	
Grandparents:	
Brothers:	
Sisters:	
EARLY CHILDHOOD	
Religion:	
Schools:	
Friends:	
Favourite teachers:	

Special Events (Holidays):	
Did you have a favourite toy?	
Did you get pocket money?	
Summary of early years (Did you have a nickname?)	
ADOLESCENCE	
Name of school/college?	
Favourite subject:	
Any qualifications:	
Special friends	
Hobbies and sports (How good were you? Were you in a team?)	
Holidays:	
Pets – Have you had any? Tell me about them.	

What age did you leave school?	
ADULTHOOD	
What was your first job? (How old were you?)	
What did you do for a living –	
Did you enjoy work?	
Looking back now, is there any job you would rather have done?	
What has been your main job/occupation?	
Do you have religious beliefs?	
Who is/was the love of your life?	
Tell me about him/her (How long married, fond memories, sad memories).	
What was your wedding day like?	
Any family? (Tell me about them).	
Where did you live? (Tell me about your home/s)	
Did you serve in the	

armed forces?	
Where were you in the Second World War?	
What is your favourite drink?	
What music do you like?	
Who is your favourite singer (and favourite song)?	
Do you like to read? (Favourite author, favourite book).	
What is your favourite colour?	
Tell me about someone you really admire (personal or famous).	
Do you have any hobbies or interests?	
Tell me about something in your life you are proud of.	
What is your idea of a real treat?	
What makes you laugh?	
What makes you angry?	
What makes you embarrassed?	
What sort of things can upset you?	

What, if anything, do you worry about?	
Which is your favourite time of the year – Spring, Summer, Autumn, Winter? And why	
Do you still keep in touch with friends?	
Did you/do you like to travel?	
What is your favourite part of the world?	
Did you drive? (Have a car/motorbike).	
Did you have a favourite pub?	
Did you go to the theatre/cinema?	
Can you remember the prices of things you used to buy regularly? Can you remember ration books?	
Any other important events you will like to tell me about?	
What is the most exciting thing that's ever happened to you?	
What has given you the most happiness in your life? Your main	

achievement	
Would you have changed anything?	
If you could live anywhere in the world, where would it be?	
Which place/country in the world would you most like to visit (and why?)?	
What is the best present you were ever given?	
What was/is the most precious thing for you?	

Additional Information	

